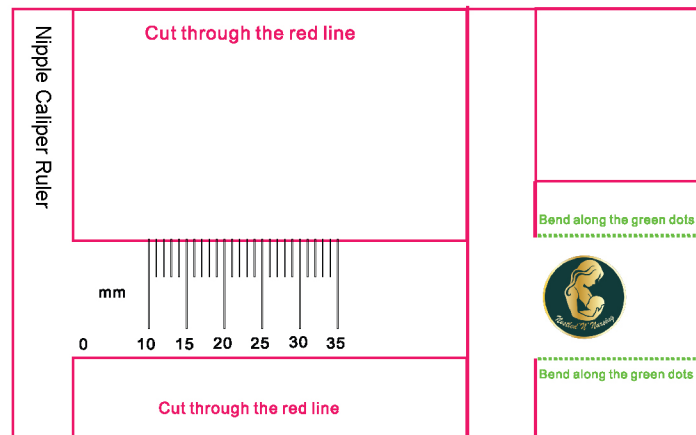




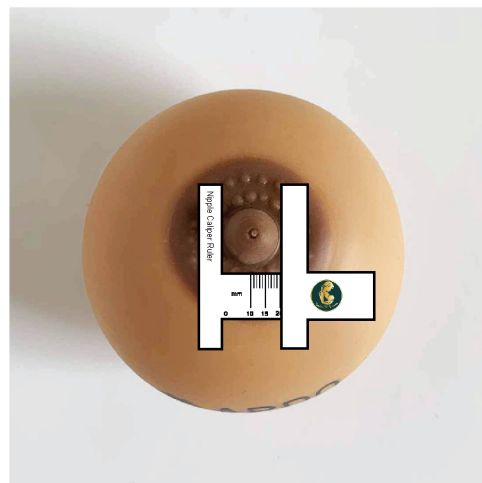
Nestled 'N' Nursing

Nipple Caliper Ruler

For Use During Virtual Pump Flange Sizing



1. Print out the page on an A4/letter paper at 100% scale.
Make sure that the line across is 92 mm or 3.62 inches for accuracy.
2. Cut through the red line
3. Bend/fold along the green dots.
4. See below for a finished ruler and how to use it.
5. Measure the nipple diameter **AFTER** a breast pumping session.



| -1 inch - |

Print this document on 8.5" by 11" paper at 100% scale.
Check print sizing by comparing the measurement above.