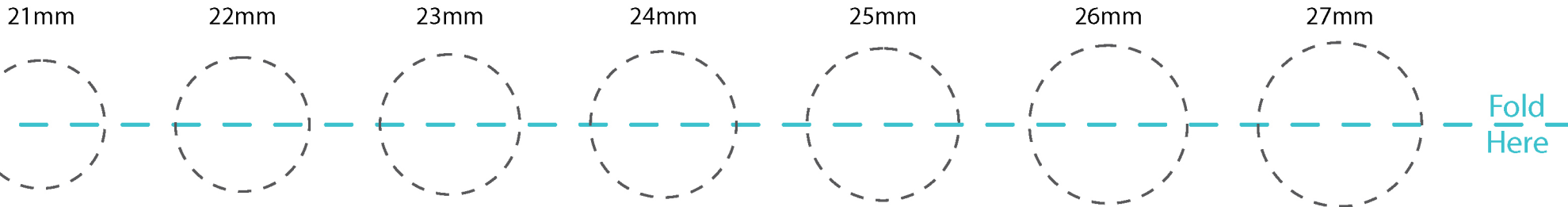


Cut Here 



Cut Here 

Wearable Nipple Ruler

For Use During Virtual Pump Flange Sizing



|-1 inch-|

For virtual flange sizing support visit:
www.genuinelactation.com

Print this document on 8.5" by 11" paper at 100% scale. Check print sizing by comparing the measurement above.

Directions:

1. Cut solid navy blue lines
2. Fold on dashed lines
3. Cut circles out carefully on the dotted gray lines
4. Find the fit that is snug but allows your nipple to fully fit in the hole but doesn't show your areola
5. Refer to chart for you fit options

